



 Saint Mary's
Health Plans



ENHANCED for 2023

One Card Extra Benefits

OTC Allowance



- Health and wellness products
- For home delivery and in-store purchases
- Quarterly allowance, no rollover

Dental Allowance



- For preventive and comprehensive dental services with any provider
- Increased funding for most plans
- Annual allowance

Fitness Allowance



- Applies to gym membership fees
- D-SNPs now eligible
- Annual allowance

- New cards to be issued for 2023
- Members use the flex card like a debit card
- Members have one member services number to call

Connect with your sales manager for more information