



Saint Mary's  
Health Plans

**2023**  
OVER-THE-COUNTER BENEFIT

Over-the-Counter (OTC) products for members to be healthy at home.

The OTC benefit allows members to order from hundreds of health and wellness products that can be mailed directly to their home or purchased in a retail setting. There is a wide range of products available and ordering is quick and easy.

**ONLINE | APP | PHONE | MAIL | RETAIL**

### Popular OTC Product Categories

<b>ALLERGY</b>	<b>FIRST AID</b>
<b>BATHROOM SAFETY &amp; FALL PREVENTION</b>	<b>INCONTINENCE SUPPLIES</b>
<b>DENTAL &amp; DENTURE CARE</b>	<b>PAIN RELIEVERS &amp; FEVER REDUCERS</b>
<b>DIABETES CARE</b>	<b>SKIN &amp; SUN CARE</b>
<b>DIAGNOSTICS</b>	<b>SUPPORTS &amp; BRACES</b>
<b>EYE &amp; EAR CARE</b>	<b>VITAMINS &amp; MINERALS</b>

- Increased quarterly allowances for most plans
- No prescriptions needed
- Credit cards accepted online and over the phone
- Free shipping for members
- Included on the flex card

*Connect with your sales manager for more information*