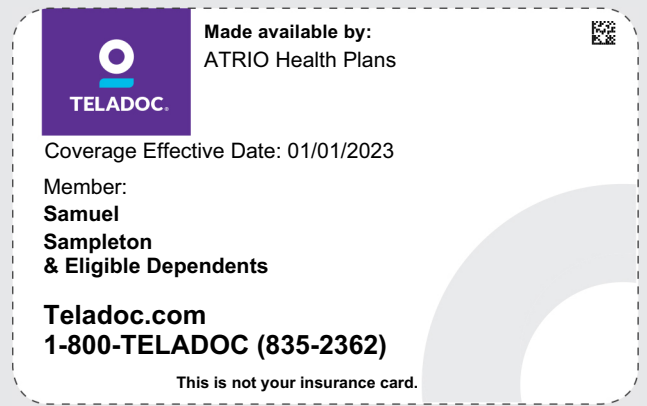


# Your Teladoc Membership

24/7 access to doctors by phone or video.



J-000000-T00-P00-000169



SAMUEL SAMPLETON  
1 SAMPLING ST  
SAMPLEVILLE, AZ 29401

Made available by:



**Samuel,**

Welcome to Teladoc®, a benefit made available to you through ATRIO Health Plans. As a physician, providing patients with the highest quality healthcare has always been a priority for me. Now, as the Chief Medical Officer of Teladoc, my colleagues and I bring that quality healthcare to you anytime, anywhere — in the comfort of your home or while traveling.

As a new Teladoc member, you now have access to our national network of U.S. board-certified physicians, licensed in your state.

With an average of over 20 years of clinical experience, our doctors can diagnose, treat and prescribe medication for your non-emergency conditions. This includes treatments for the flu, sore throat, eye infection, bronchitis, and much more.

Whenever you need our care, we are available within minutes, by phone or video. We look forward to serving you.

Sincerely,

Lewis Levy, MD  
Teladoc, **Chief Medical Officer**  
*Primary care physician*  
*30 years of experience*



## Set up your account today!

Teladoc.com | 1-800-TELADOC (835-2362)

1

### Get Started

Call, download the app or visit the URL above.

2

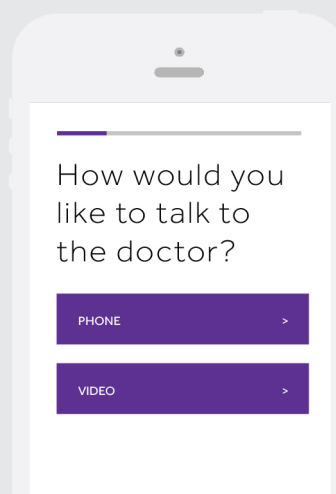
### Set up

Give your information and medical history.

3

### Request a Visit

A Teladoc doctor is now just a call or click away.



Download the app



"The service is incredible! Being able to get a visit wherever you are and whenever you need it is beyond convenient. On top of that, **the doctors always make me feel very confident in their diagnoses and recommendations.**"

Sam Y. - Teladoc Member Since 2016

Visit [www.teladoc.com/doctors](http://www.teladoc.com/doctors) to see how our doctors make the difference.

## A few reasons why our 20+ million members trust us.

10 min  
median response time

24/7  
anytime, anywhere\*

92%  
of patient issues  
resolved after first visit

95%  
member satisfaction



### Your Available Services

#### General Medical | Available 01/01/2023

- Board-certified doctors available 24/7
- Treat flu, allergies, sinus infection, rash, sore throat and more

**Family Physician**

**Free** / visit

#### Dermatology | Available 01/01/2023

- Log in to upload images and receive a response through the online message center within two business days
- Treat ongoing or severe issues like psoriasis, eczema, acne and more

**Dermatologist**

**Free** / visit

#### Behavioral Health | Available 01/01/2023

- Appointments available 7 a.m. to 9 p.m. local time, seven days a week
- Support for anxiety, post traumatic stress disorder, depression, family issues and more

**Therapist  
Psychologist  
Psychiatrist**

(ongoing sessions)

**Free** / session  
**Free** / session  
**Free** / evaluation  
**Free** / session

#### Learn more about Teladoc:

 [Teladoc.com](http://Teladoc.com) |  Download the app |  1-800-TELADOC (835-2362)

\*Teladoc is not available internationally.

Teladoc complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. (TTY: 1-855-636-1578)

Para obtener ayuda en su idioma, llame sin costo alguno al número que aparece en su tarjeta de identificación.

T'áá shí shizaad k'ehjí shiká a'doowoł nínízingo naaltsoos bee atah nílínígíí nanitinígíí béesh bee hane'é bikáá' áajj' hodíílnih.

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ATRIO Health Plans is a PPO and HMO D-SNP with Medicare and Oregon Health Plan contracts. Enrollment in ATRIO Health Plans depends on contract renewal. Other providers are available in our network.

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PRSR STD  
US POSTAGE  
PAID  
TELADOC

## IMPORTANT PLAN INFORMATION ENCLOSED

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